

Important Recruiting Dates/Rules

1. Starting September 1 of your junior year in high school, college coaches may begin to send you recruiting letters, information on the school and information on your specific sport program. Prior to this date college coaches may only send you a questionnaire, a letter explaining the rules, a referral to admissions, and a camp brochure. This is all they may send you. **NOTHING ELSE**
2. You may write to college coaches as often as you like.
3. E-mail and faxes are treated the same way as written correspondence.
4. You and your parents may telephone a coach at your own expense as often as you wish.
5. College coaches may telephone you and your parents one time per week beginning July 1 prior to your senior year in high school. Prior to this time college coaches may not call you at all. Not even to return a call from either you or your parents.
6. Prior to your senior year, college coaches may not have any off-campus contact with you or your parents other than a civil exchange of greeting. In your senior year they may have a limited number of off campus contacts with you or your parents other than civil exchange of greeting.
7. You may visit college campuses as often as you like at your own expense. When you are on a college campus you may meet with the coach. When you are a senior these visits are termed "Unofficial".
8. In your senior year you may visit 5 institutions on official visits. An official visit is where the institution pays all or part of your expenses. You may take one official visit per school (Up to 5). You may make official visits beginning the first day of class your senior year of high school. An official visit **shall not exceed 48 hours**.
9. Evaluations. College coaches may watch you play a limited number of times (7) during the academic year. They may watch you play an unlimited number of times during the summer.
10. National Letter of Intent Day. A date determined by the NCAA. Only on or after this date are high school seniors allowed to officially sign with a school. Various sports have different signing dates. By signing a letter of intent, you commit yourself to that institution.

Types of Schools

Division I (NCAA Rules) – (please link to www.NCAA.Org)

Maximum # of scholarships may be available (and Financial Aid/Grants)

Letter of Intent is signed

Division II (NCAA Rules) (please link to www.NCAA.Org)

No more than 50% of scholarships are available based on the maximum allowed in Div I (and Financial Aid/Grants)

Letter of Intent is signed

Division I (NCAA Rules) (please link to www.NCAA.Org)

No scholarships - (and Financial Aid/Grants)

Athletics may help student gain admittance. Division III coaches have a number of admissions “PUSHES” aka resources.

NAIA (please link to www.NAIA.Org)

Full Scholarships: Separate recruiting rules in NCAA